



## School Food as Part of Student Education

### The ANESU Food Service Cooperative Promotes

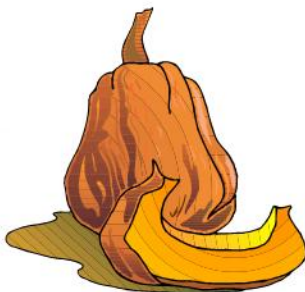
#### Staff Development & Education

Through regular staff meetings, manager meetings, educational opportunities, and evaluation we promote knowledge and skills needed to provide high quality nutrition services to students and adults in all of our schools based on current best practices in child nutrition and school food service.



#### Program Management & Efficiency

Record keeping and financial management systems are developed across programs to increase efficiency and accountability. These systems are monitored regularly with the intention of continually working to improve program services, cut costs, and increase revenue.



#### Nutrition for Life-long Health & Wellness

Foods served in ANESU schools are of the highest quality and local whenever possible. Menus are designed to meet Federal nutrition standards as well as local standards set by individual school wellness or nutrition committees to both nourish students for learning and provide examples of healthy food options. School kitchens are part of the educational environment and are used to prepare daily meals as well as promote learning about food and nutrition for students and families as much as possible.



#### Food Access

Ensuring that all students have access to nutritious meals throughout the school day is of primary importance. Extensive efforts are made to provide Free or Reduced price meals for as many students as possible and to find ways to make affordable nutritious food and food education available to students through grant programs and other funding efforts.

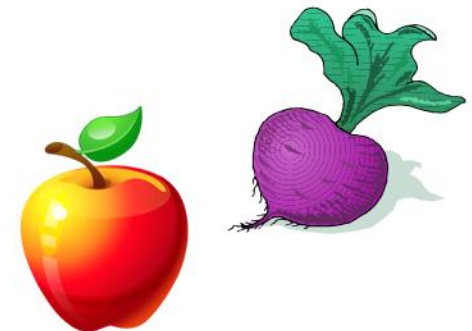
ANESU Food Service staff work within strict parameters of confidentiality to assist school officials to determine student eligibility for a variety of important educational programs

#### Food & Nutrition Education

Providing opportunities for students to learn about food and nutrition at a young age in their classroom coupled with opportunities to eat healthy meals at school, helps to build knowledge, experience and skills that supports healthy adult lifestyles. Teachers are supported to incorporate food and nutrition education in all curriculum areas through innovation and individualized programs and initiatives.

#### Farm to School & Community Connections

Connecting students to their community through food and agriculture offers many benefits to student learning. Working with local groups and school committees to increase student access to local foods, and broaden the impact of local food and products student's overall educational experience is an important goal of the Cooperative. Through the development of relationships with farmers and food producers in the community we seek to create sustainable food systems which directly impact students, families, school staff, and farmers.



CONNECTING SCHOOL FOOD SERVICE PROGRAMS TO PROMOTE CHILD NUTRITION AS PART OF STUDENT EDUCATIONAL SERVICES.

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